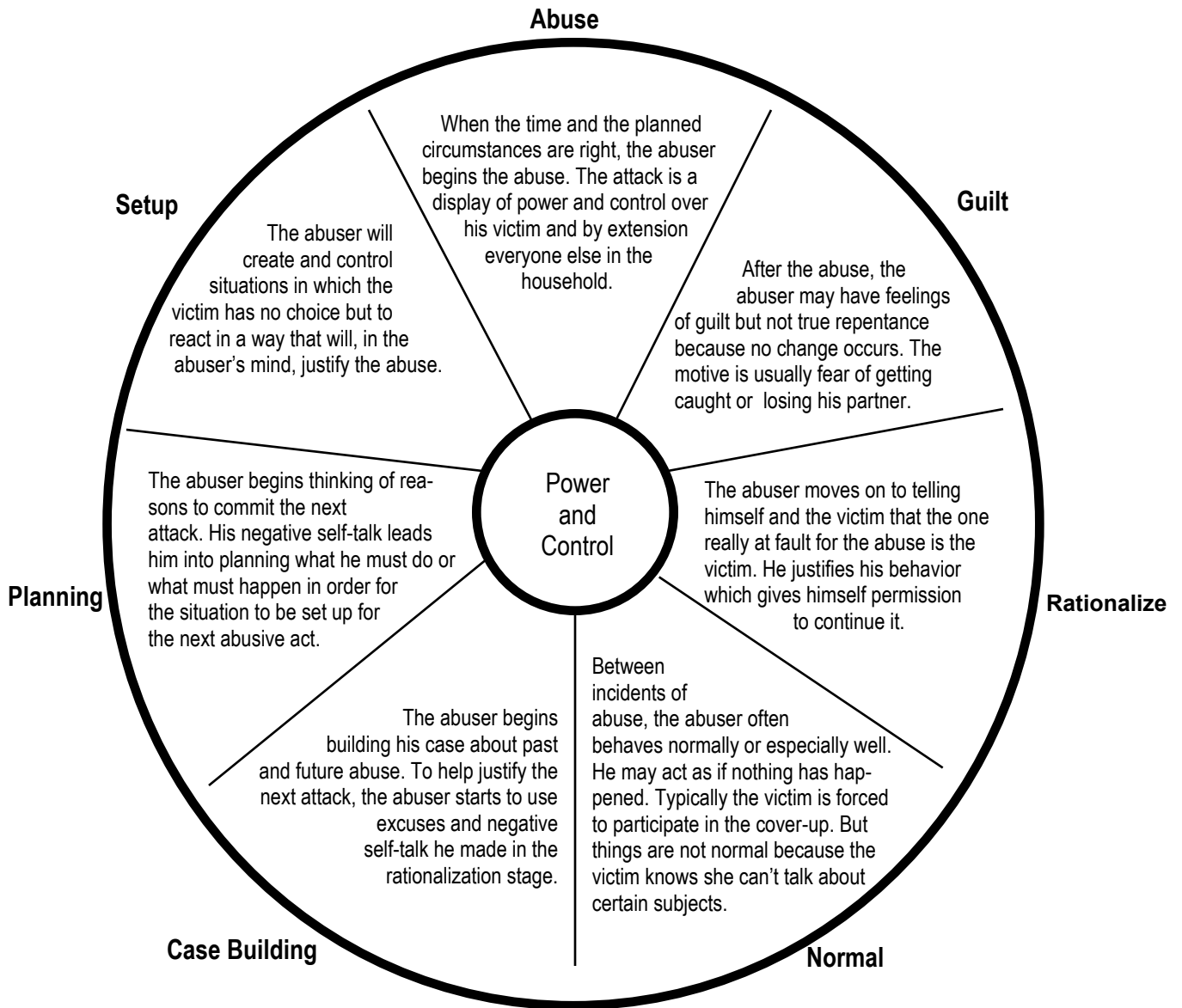


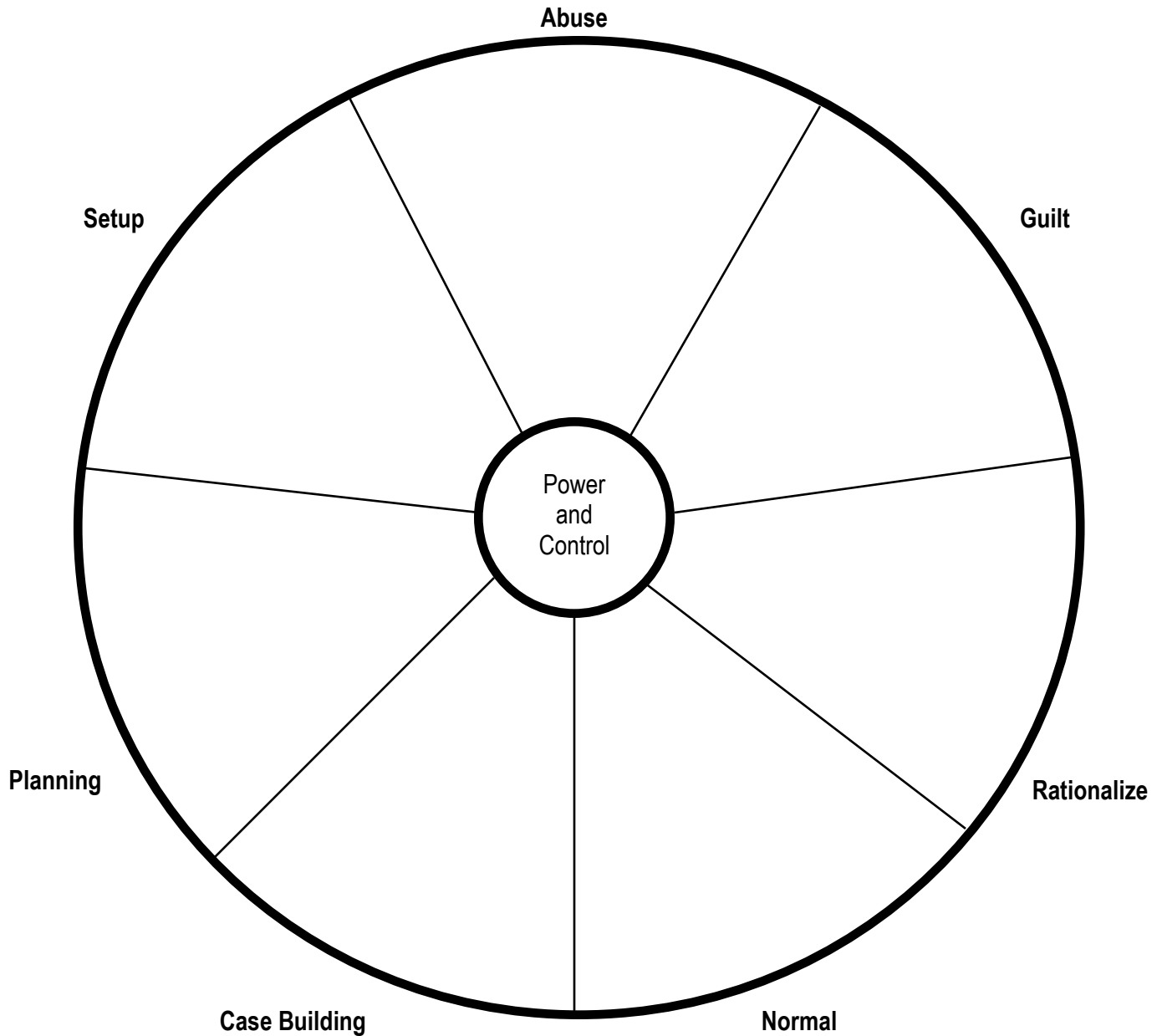
# The Cycle of Abuse



Violence is any act that violates another human being.

# The Cycle of Abuse

Write down what your thoughts, feelings and actions are in each phase of the abuse cycle.  
Use extra sheets of paper if needed.



Violence is any act that violates another human being.